

TIRED OF EYE-WATERING GROCERY BILLS?

GROW MORE. WORK LESS. FORAGE FREE.

THE GOOD LIFE: PERMACULTURE IN THE CITY

**A practical workshop at
Wadhamville Garden, St Heliers**



Grow abundant food
with less work



Forage safely for edible
weeds and wild foods



Build living soil and
a thriving food garden



**SAT 19
SEPTEMBER 2026**

**SAT 10
OCTOBER 2026**



9:30 AM–1:00 PM



**\$65 incl GST · Morning Tea homegrown,
part foraged homemade**

Amanda Warren · Permaculture designer & home gardener

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